

WORLD VISION'S 30 HOUR FAMINE

Name _____ T-shirt Size _____

Sponsor Name _____

Your sponsor is an adult who is committing to pray for you during the event and may also donate to WorldVision for the cause of eliminating hunger. (Checks payable to FUMC). Your sponsor is also invited to dinner on Saturday, Feb. 23, at 6 p.m.

Date of event: Feb. 22-23, FUMC

Fast begins after lunch on Friday. The event begins at 6 p.m. Friday at Richmond FUMC, where we will be staying that night. We will break the fast with dinner in the fellowship hall on Saturday, Feb. 23, at 6 p.m. Some service projects during the day Saturday may involve transportation around Madison County or to Lexington.

Amount Due: \$20 (by Feb. 22)

What to bring: Sleeping bag or linens, pillow
Toiletries
Comfortable clothes and shoes
Donations for WorldVision (checks payable to FUMC)

Is Fasting Safe? (From WorldVision)

The average person can do it, no problem. Most people can go without food for 30 hours without any side effects. If students or parents have any concerns, have them check with a doctor before participating.

Emerge Youth Ministry trip permission: 30-Hour Famine 2019

Friday, Feb. 22 – Saturday, Feb. 23

Dropoff at Richmond FUMC at 6 p.m. Friday; Pickup at Richmond FUMC at 6:30 p.m. Saturday

- ◇ I have completed an EmERGE Student Form for 2018-2019 for my child(ren).
- ◇ I have notified EmERGE leaders of any changes relative to the information in that form (insurance, allergies, phone numbers, etc.) since it was completed.
- ◇ I give permission for my child(ren):

_____ to attend the overnight 30-Hour Famine event in Richmond/Lexington Feb. 22-23, 2019.

Parent signature: _____

Date: _____